



During the three weeks of PE on their return to School, KS1 & KS2 were focusing on elements surrounding Tag Rugby whilst Reception were focusing on Gymnastics.

## **Reception**

The focus for Reception during the last 3 weeks of Spring Term 2 was Gymnastics. During their lessons, the children were working towards developing their body management skills such as balancing, jumping and stability. This included learning a number of shapes and jumps, before combining 3 of their choice into a routine to perform in front of the class. The children also learnt how to perform a safe, successful forward roll – ensuring they keep their ‘chin to chest’ and keep the back of their head on the mat.

## **KS1**

The focus for KS1 was to learn and develop their ability to perform a ‘Tik Tok’ pass, whilst working as a team to monitor their surroundings and use their evasion skills when needed.

Children were developing their knowledge of positioning, knowing where to be when receiving a pass from their partner. This was achieved through fun imaginative games where children had to work as a group/team to achieve a target set by the coach, whilst adding a points and bonus scores as a friendly competitive element.

## **KS2**

The focus for KS2 was to develop their skills in a fun, competitive atmosphere whilst adhering to the current guidelines set. Children were focusing on their ability to evade defenders and working as a team to achieve a certain number of passes before scoring a try.

Each week, the children would be given the responsibility of deciding on a task for their group to focus on at the end of the session – whilst also setting themselves a time limit in which to achieve it. This flexibility allowed the children to explore the skills learnt in the lesson, whilst attempting to beat any previous scores they had recorded.

## **Summer Term 1**

For Summer Term 1 the children will be focusing on Athletics, working each week towards a Sporting Event at the end of term...

Reception will continue to develop their Gymnastic skills for the first 2 weeks of term, before continuing onto Athletics for the rest of the term.